

Bishop's Score for Induction Success

Source: Modified from Romney S. et al, editors: Gynecology and obstetrics: the health care of women, ed 2, New York, 1981, McGraw-Hill.

| Cervix/Baby | Score | | | |
|---------------------|-------------|----------------|----------------|--------|
| | 0 | 1 | 2 | 3 |
| Position | Posterior | Midposition | Anterior | --- |
| Consistency | Firm (nose) | Medium (cheek) | Soft (earlobe) | --- |
| Effacement (%) | 0-30 | 40-50 | 60-70 | >80 |
| Dilation (cm) | Closed | 1-2 | 3-4 | >5 |
| Station of the baby | -3 | -2 | -1 | +1, +2 |

Add 1 for: preeclampsia, each prior vaginal delivery

Subtract 1 for: postdates, 1st pregnancy, premature or prolonged rupture of membranes

Risk of surgical birth (first time mothers): 0-4 = 45-50% | 5-7 = 10% | 8+ = 1.4%

Risk of surgical birth (previous vaginal birth): 0-4 = 7.7% | 5-7 = 3.9% | 8+ = 0.9%

"Thank you for offering suggestions. I trust my body and my baby. If there are any signs of my baby not coping with pregnancy, or when I reach 42 weeks and am overdue, I will be happy to discuss options. For now, I would like to focus on being healthy and patient." *[please feel free to paraphrase]*

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